

# 1st Annual Ride for KidSport and Bicycle Safety Check

May 1st, 2010

Kanata Leisure Centre

Ottawa

ENBRIDGE



- The day will include:
- a 10 hour indoor cycle ride where participants may book a bike ride for one hour sessions with a donation to KidSport Ottawa
  - Bicycle maintenance checks
  - Helmet safety checks
  - Bicycle obstacle course
  - Bar-b-q
  - Music
  - Prizes
- and lots more fun...

Kanata  
Leisure Centre

70 Aird Place  
Kanata On.  
K2L 4C9



Reserve your bike today!

Registration forms available online at [www.kidsport.on.ca/ottawa](http://www.kidsport.on.ca/ottawa) in the events section, or at Kanata Leisure Centre, or by contacting Natalie Brett at 613-580-2424 x 42637

Proceeds from the day will go directly to support disadvantaged children and youth from the City of Ottawa