



## **OSSC Fitness Instructor (Contractor Position)**

Are you passionate about fitness and have expertise in a specific area? Whether it's Yoga, Running, Tai-Chi, Zumba, Pre-Natal/Post-Natal, show us what you got! Join OSSC and get Ottawa moving!

The Fitness Instructor will be leading OSSC participants through a program designed to improve their health and fitness. The Instructor is required to have an excellent understanding of a specific fitness category, an ability to motivate and share their passion and have experience leading adult groups. This person will provide input into the lesson plan, bring their own equipment, set up the area as needed, and lead the sessions. Sessions may be hosted indoors, outdoors, or virtually using an online platform.

### **ROLES AND RESPONSIBILITIES**

- Creative and innovative planning prior to each session
- Arrive at the facility 15 minutes before each session to ensure the area is ready, any necessary equipment is set up and to greet members
- Virtual classes – instructor must have access to own space, access to computer and internet
- Being vocal, audible, motivating and alert while leading
- Maintain a professional level of conduct and interact with members to ensure they are having a great experience
- Wear an OSSC Instructor shirt to every session (provided by OSSC)
- Have fun and socialize with OSSC members

### **REQUIREMENTS**

- Positive, outgoing, and enthusiastic personality
- Proven leadership and instructing skills (minimum 1-year experience)
- Commit to teaching the season
- Bilingual (French/English) is an asset but not mandatory
- Proof of insurance
- Bring the necessary equipment to each session

### **COMPENSATION**

- Based on experience

### **TO APPLY**

If you are interested in applying for this position, please send your resume to [hire@osscc.ca](mailto:hire@osscc.ca). Please reference "OSSC Fitness Instructor Application" in the subject line.

### **ABOUT THE SPORT & SOCIAL CLUB FAMILY**

The Ottawa Sport & Social Club was developed from our desire to be the largest multi-sport provider in the city. This journey started in 2003 with the Ottawa Sport & Social Club (OSSC) and over the years, the company has expanded to Halifax, Victoria, Kingston, The Bay of Quinte, Windsor and London (Ontario). All our organizations create, organize and manage sports leagues, tournaments and events for adults. You can check out our website at [www.osscc.ca](http://www.osscc.ca).